



Space Coast NA
Vol. 1 Issue 8
July 8, 2006



THE SPACE COAST
NEWSLETTER
Volume 1 Issue 8
July 8, 2006

The Space Coast Area Service Committee of Narcotics Anonymous publishes space Coast NA bimonthly®. It is distributed free to our groups and made available on our literature tables to further our primary purpose: To carry the message to the addict who still suffers.

Home subscriptions are available at our cost for printing and mailing. *To request subscription information, submit ideas/concepts for editorial content, personal stories of recovery, or comments/inquiries about the newsletter in general, please email our editor, Lester1444@msn.com* Meanwhile, we will regularly update

<p>AREA NEWS: Area Service Committee Meets the 2nd Sunday of each month 1770 Cedar Street Rockledge, Fl at 2:00 pm</p> <p>Subcommittee News:</p> <p>H&I (next Meeting)</p> <p>P.I. the next meeting will be at 1 pm at 1770 Cedar Street (before Area Service on Sunday July 8, 2006</p> <p>Literature: (contact Area Service)</p> <p>Policy: (contact Area Service)</p> <p>Newsletter: contact Lester O. Lester1444@msn.com</p> <p>Area Functions: STACNA 1 (SEE PAGE 6)</p> <p>Regional Functions: (SEE PAGE 10)</p> <p>World functions:</p> <p>Space Coast NA JULY 2006 Volume 1, Issue 8</p> <p>Space Coast AREA NARCOTICS ANONYMOUS NEWSLETTER Email subscription: send your email address to Space Coast NA @spacecoastna.org</p>	<p style="text-align: center;"><u>Index:</u></p> <p><u>Page 1: Cover</u></p> <p><u>Page 2: Index</u></p> <p><u>Page 3: In Memory Of:</u></p> <p><u>Page 4: In Memory Of:</u></p> <p><u>Page 5: In Memory Of:</u></p> <p><u>Page 6: STACNA II</u></p> <p><u>Page 7: Birthdays</u></p> <p><u>Page 8: Birthdays</u></p> <p><u>Page 9: Invitation to do a Fourth Step</u></p> <p><u>Page 10: N. A. SUMMER EVENTS AROUND THE STATE</u></p> <p><u>Page 11: N. A. SUMMER EVENTS AROUND THE STATE</u></p> <p><u>Page 12: World Unity World Unity Day 2006</u></p> <p><u>Page 13: Feature Story</u></p> <p><u>Page 14: Feature Story</u></p> <p><u>Page 15: Feature Story</u></p> <p><u>Page 16: Ad</u></p>
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In Memory Of:

On May 29th 2006 the local fellowship of Narcotics Anonymous in the Space Coast area lost one of its members **John C.** to natural cause. John died as a result of having an enlarged heart. While in attendance at John's funeral service I asked John's former sponsor if he would care to write something about John for our newsletter so that our members who knew and loved John could have something to remember him by. A few days later I received the following Obituary via email. Here it is reprinted in its entirety. For me personally it serves as a reminder that my life is but a gift and can be taken at any time. Also, I need to live my life to its fullest because tomorrow I may not be here.

Yours in Service,
Lester O.
Newsletter Chairperson

John C. - R.I.P. "Clean"

It was a sunny and cool early summer mid-afternoon as I walked into a church by the Indian River for the funeral service of John C. He was a former member of the spiritual fellowship of Narcotics Anonymous for about fifteen years in the Space Coast Area, his home group been One Day At A Time (ODAAT). Between family and friends, there must have been over a hundred people in the church- a great number of them friends that he made while in recovery. The medical examiner said that John had died because of his unusually big heart (twice as big as it should have been), a family genetic condition that physically stressed him and caused him to tire easily. When one hears this, one finds it ironic, for anybody who ever met John C. knew that spiritually he had a big heart. He was survived by his wife Linda and his college age kid Bryan.

I met John C. over eight and a half years ago when I returned from a multiple year relapse after I got complacent after been around the rooms for a couple of years and took my self-will back. John C. may have been the home group member I got the closest to after my sponsor, Rick T. He was active in service-group secretary for three years and area vice-chair for one.

John C. had a cool serenity about him and somebody could be throwing crap at him all day and it would bounce off without hitting any of his buttons. He was not about to let somebody else's bad day become his, and he would do his best to make your day better. I guess you could say that John C. was that way because of living the steps, practiced the program's spiritual principles and hung around the rooms several times a week-always offering advice that would bring serenity to your soul, a helping hand if needed, and even some humorous lines if he felt that would break the ice an bring a smile to everybody. This was the kind of guy that newcomers hung around because the combination of serenity and fun he radiated when around others.

John C. knew how to have fun in recovery as good as anybody. He was the life of the party whenever camping out, playing cards or pool with friends, or just hanging out watching TV- anything from the Super Bowl to watching some handyman doing his thing in the Discovery Channel. He could be gracious whether been on the winning or losing side. You knew that hanging out with John C. was a win-win situation for everybody, for everybody had a good time and came to appreciate the joys of life and each other's company. The first four years I met John C., he was clean and serene and it was not until he was over nine years clean that tragedy struck.

A work related accident operating a construction vehicle gave John C. a whiplash that caused him to require spinal surgery to correct the damage to a deteriorating condition. He was prescribed the then new pain killer drug called Oxycontin at about the same time as right wing commentator Rush Limbaugh with about similar results, namely abuse due to the obsessive-compulsive behavior due to their addiction. For about the next four and a half years, between his addiction and physical pain caused John C. to be in and out of the rooms. During the last year and a half of his life, I sponsored John C. and worked the steps and used the NA literature as best as we could, including the pamphlet titled "In Time of Illness". After a year of working with John C., my grand-sponsor Rick T. advised him to seek long term treatment, while I advised him to seek out recovering addicts with a similar problem. It was during this last three months that John C. went into a recovery house and met "Back-Pain" Bob and kept in touch with him nearly every day from then on. For the last three months of his life, John C. stayed clean. This may not look like much to some of us with multiple years of recovery, but the point is is that John C. died clean and of natural causes (his big heart). May his higher power take him in his bosom and have mercy on his soul

NOTE FROM HE EDITOR:

John C. was a member of my Home Group "One Day At A Timers" in Titusville, Fl. And will be missed by all.

STACNA I host committee will meet (for the last time) at Principals before Personalities on Aug. 8, 2006 at 7pm. to decide on having **STACNA II.**

STACNA II's becoming a reality is largely dependant on turn out at this meeting and Officers for the convention and the various sub-committees will be elected at this time. So show your support and help further NA **UNITY** among Areas within the Florida Region by suiting up and showing up.

July Birthdays:

(Kickin It Raw)

Mary M. 7/5/04 2 yrs
Stuart M. 7/18/85 21 yrs

(Just For Today)

Michelle McC. 7\8\04 2yrs
John D. 7/10/04 2yrs
Mellisa D. 7/10/04 2yrs
Marsha 7/14/97 9yrs
Clif B. 7/25/05 1yr
Nancy R 7/27/90 16yrs
Mike R. 7/28/93 13yrs
Tom M. 7/28/98 8yrs
Christine F. 7/31/04 2yrs

AUGUST BIRTHDAYS

(Just For Today)

Curt S. 8/3/05 1yr
William F. (Rooster) 8/4/05 1yr
Rebecca B. 8/9/03 3 yrs
Billy H. 8/10/05 1 yr
Jim C. 8/10/91 15 yrs
Toni B. 8/23/05 1 yr
Lynn B. 8/30/04 2yrs

The Triangle of Self –Obsession Meeting

Invites all addicts to our
2006 Step Study Recovery
Summer Session

Beginning Thursday June 15 Through August 31

**A 12 week Intense Study of the
Narcotics Anonymous Fourth Step**

June 15A Moral Inventory
June 22An Inventory of Ourselves
June 29Resentments
July 6Feelings
July 13Guilt and Shame
July 20Fear
July 27Relationships
August 3Sex
August 10.....Abuse
August 17.....Assets
August 24.....Secrets
August 31.....Moving on

Closed Meeting for Addicts Only!

We will use the N. A. Step Working Guide as a resource for this study and will focus on the topic of that week only, No advice, No Speeches, Just heartfelt sharing of your Hope, Strength and Experience with the topic under discussion.

Note: For this 12-week session **only**, we will extend our meeting time to 75 minutes to give everyone a chance to share on this vital Step.

Special meeting time...**7:30 pm to 8:45 pm** Thursdays
Riviera United Church of Christ, 451 Riviera Drive, Palm Bay

Important! This is not a substitute for your 4th step work with your sponsor!

NARCOTICS ANNONYMOUS

SUMMER EVENTS AROUND THE STATE

JULY:

July 8, 2006– GOLD COAST AREA – Unity Day Workshop Picnic – More Will Be Revealed. For more information contact Johnny H. at 954-822-5356.

July 8, 2006– GOLD COAST AREA – 28th Anniversary – More Will Be Revealed. For more information contact Johnny H. at 954-822-5356.

July 21-23, 2006– TOGETHER WE CAN XVII – Puerto Rico Region Convention – At Caribe Hilton Hotel, Los Rosales St./San Geronimo Level, San Juan, PR. Rooms \$130.00+: 1-800-468-8585, Mention "Together We Can" convention. Registration: \$20.00 until 5/26/06. Mail check or money order to: Comite de Convenciones, PO Box 361305, San Juan, PR 00936-1305. For more information, call 1-787-274-0488.

AUGUST:

August 26, 2006– SOUTH DADE AREA – Skating – More Will Be Revealed. For more information contact Jacky at 786-486-6000.

SEPTEMBER:

September 1-3, 2006– TAMPA FUNCOAST AREA CONVENTION – FACNA 2006 at the Crown Plaza Hotel Tampa East, 10221 Princess Palm Ave., Tampa, FL 33610 – Reservations: 813-623-6363 – \$85/night with reservation cutoff August 15, 2006 – Mention Tampa Funcoast NA when reserving room – For convention registration and information, contact Audrey C. at 813-508-1646 – Pre-registration: \$15 until 5/31/06, \$20.00 thereafter, EXCEPT \$25.00 cash only at hotel – Speaker tapes accepted until 2/28/06, mail to: Tampa Funcoast, P.O. Box 9730, Tampa, FL 33674-9730.

Campout: Free Coffee.

Bunkhouse Style Sleeping, first come first serve.

REGISTER NOW

CAMPFIRE MEETINGS

SWIMMING & TUBING
NO LIFEGUARD ON DUTY!

GOOD FELLOWSHIP

SEPT 29, 30 & OCT 1, 2006

WEEK 1 WACHEE CHRISTIAN CAMP ON THE WEEKI WACHEE RIVER, HERNANDO COUNTY, FLORIDA
RAIN OR SHINE - NO PETS - NO GROUND FIRES
(GATES OPEN 9AM - FRIDAY & CLOSE 8PM - SUNDAY)

ACCOMMODATIONS INCLUDE:
Bunkhouse Style Sleeping Available
First Come First Serve
Food Concession in Main Dining Room
Ponies & Sausage Breakfast \$2
Free Coffee
Only 6 W/er Hook-ups Available
Please Call Kim S. For Reservations
Tent Sites First Come First Serve
Hot & Cold Showers

CHILDREN MUST BE SUPERVISED AT ALL TIMES!
CAMPGROUND RULES STRICTLY ENFORCED!
NO PETS PLEASE!

SAVE \$5! PRE-REGISTER NOW!!!
\$35 AT THE GATE
MAIL REGISTRATION FEE AND FORM TODAY!

Mail with your check or Money Order
Pre-Registration For 18th Annual Camp-Out
\$20 per Adult - Children 12 & older \$10
Deadline for Pre-Registration is Sept. 15, 2006

Retain This Side For Your Records
Pre-Registration for 18th Annual Camp-Out
\$30 per Adult - Children 12 & older \$10
Deadline for Pre-Registration is Sept. 15, 2006

World Unity World Unity Day **2006**

You may have an event, you may join together with some friends, or you may just take a moment to yourself as we pray together on this day of unity.

3 September will be our worldwide day of unity. At one moment it is the same day around the entire world... A simple prayer that for one moment we will say together as a fellowship...no telephone link, no big event.

**5:00 am New Zealand. 6:00 am Samoa. 7:00 am
Hawaii, US**
**8:00 am Aleutian Islands, US. 9:00 am Alaska,
US. 10:00 am California, US**
**11:00 am Edmonton, Canada. 12:00 pm Mexico
City, Mexico. 1:00 pm New York City, US**
**2:00 pm Rio de Janeiro, Brazil. 3:00 pm
Greenland. 4:00 pm Cape Verde**
**5:00 pm (GMT) Greenwich. 6:00 pm London,
United Kingdom 7:00 pm Warsaw, Poland**

NOTE FROM THE EDITOR:

This month's feature article concerns the Home Group and is reprinted from the **July 2002 Issue of the NA Way Magazine**. I would also like to take this opportunity to invite any member of the Space Coast Area of N.A. to submit an article on "Why their home group is the best home group in the world."

This Is Home

My name is John, and I am an addict. I came to the fellowship in the Colorado region 15 years ago. We shared a lot more about home groups back then, as well as taking an active part in recovery by being of service to the fellowship. We do not seem to talk much about

I have traveled all over the United States, as well as to other countries, where if I share, I let people know that I am from the best home group in the entire world. I have had people tell me that I was wrong, that their home group was the best in the entire world. My response to them has always been that if you do not feel that way about your home group, you should get another home group!

One of the reasons I believe my home group is the best in the world is because the people, the other members of my

My home group has grown and shrunk at times—from more than 185 active members, and I mean people who were there every Sunday night taking part in everything the group did, down to ten members hanging on for dear life. We are more stable today, and our meetings run around 50 to 60 addicts with at least 20 of them being home group members. We have always reached out our hands to the newcomer, and I have heard newcomers share countless times that they felt welcomed when they attended our meetings, and they knew that from

WANTED:
FIELD REPORTERS

QUALIFICAIONS: Addict In Recovery

EXPERIENCE: None (On the job
Training)

